

## General Advice prior to health screening

- You are required to fast (no food or drink) from 12 midnight the night before your health screening appointment.
- Sips of plain water is allowed.

## Ladies

- It is advisable to book your appointment around Day 10 - 14 of your menstrual cycle, or about one week after your last day of menstruation.
- If you are menstruating on the day of your appointment, please inform the nurses on arrival. You will not be able to do your urine and stool tests, as well as the Pap Smear as the presence of blood in these tests would produce inaccurate results.

## Advice for specific tests

### Treadmill

- Please bring along your running shoes and sports gear.
- If you are on any medications especially heart medication, please inform our staff before undergoing the treadmill test.

### Ultrasound Abdomen

- Do not take any food at least six hours before the examination.
- If you are a smoker, please refrain from smoking on the day of your appointment until after your ultrasound has been completed.

### Ultrasound Pelvis

- You may have food or drink before the examination.
- You are required to drink at least 5 - 10 cups of water, as a full bladder is necessary for this examination
- Do not empty your bladder until after your ultrasound has been completed.

### X-Rays

- X-Rays are not recommended for anyone who is pregnant or who has done a similar x-ray less than 6 months ago.

### Mammogram

- Please avoid this examination if you are, or you suspect that you are pregnant.

- Please do not use talcum powder or deodorant before your examination.
- For best mammogram results, please arrange for your examination approximately one week after your last day of menstruation.



# 健康检查配套

# HEALTH SCREENING PACKAGES



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## Terms and Conditions

- All prices are in Singapore Dollars and subjected to GST.
- All pricing is non-negotiable.
- Types of payment accepted - Cash, Visa and Mastercard.
- Products and Services sold or rendered are non-refundable or exchangeable.
- LC Clinic Medical Surgery Aesthetics is committed to maintain the confidentiality of customer's data.
- LC Clinic Medical Surgery Aesthetics reserves the right to amend or alter prices and revise the Terms and Conditions without prior notice.
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Package		Fat and Sugar 1	Standard	Deluxe	Executive	Comprehensive	
						Male	Female
<b>Physical Exam</b>							
临床检验	Wt, Ht, BMI		✓	✓	✓	✓	✓
	Distant Vision			✓	✓	✓	✓
	Near Vision				✓	✓	✓
	Blood Pressure		✓	✓	✓	✓	✓
	Medical Exam by Doctor			✓	✓	✓	✓
<b>PROFILE</b>	<b>TEST</b>						
<b>Lipid</b>	Total Cholesterol	✓	✓	✓	✓	✓	✓
血脂检验	HDL Cholesterol	✓	✓	✓	✓	✓	✓
	Total/HDL Ratio	✓	✓	✓	✓	✓	✓
	LDL Cholesterol	✓	✓	✓	✓	✓	✓
	Triglycerides	✓	✓	✓	✓	✓	✓
<b>Liver</b>	Bilirubin, Total		✓	✓	✓	✓	✓
肝脏功能检验	ALP		✓	✓	✓	✓	✓
	SGOT (AST)		✓	✓	✓	✓	✓
	SGPT (ALT)		✓	✓	✓	✓	✓
	GGT		✓	✓	✓	✓	✓
	Total Protein		✓	✓	✓	✓	✓
	Albumin		✓	✓	✓	✓	✓
	Globulin		✓	✓	✓	✓	✓
	Albumin/Globulin Ratio		✓	✓	✓	✓	✓
<b>Hepatitis</b>	Hepatitis Bs Ag			✓	✓	✓	✓
肝炎检验	Hepatitis Bs Ab			✓	✓	✓	✓
	Hepatitis A IgG Ab			✓	✓	✓	✓
	Hepatitis C Virus IgG Ab				✓	✓	✓
<b>Kidney</b>	Urea		✓	✓	✓	✓	✓
肾脏功能检验	Creatinine		✓	✓	✓	✓	✓
	Potassium		✓	✓	✓	✓	✓
	Sodium		✓	✓	✓	✓	✓
	Chloride		✓	✓	✓	✓	✓
	Urine Microalbumin		✓	✓	✓	✓	✓
	Urine Creatinine		✓	✓	✓	✓	✓
	Urine Microalbumin/Creatinine Ratio		✓	✓	✓	✓	✓
<b>Diabetic</b>	Fasting Blood Glucose	✓	✓	✓	✓	✓	✓
血糖指数检验	HbA1c				✓	✓	✓
<b>Bone &amp; Joint</b>	Calcium		✓	✓	✓	✓	✓
骨骼与关节检验	Phosphate		✓	✓	✓	✓	✓
	Uric Acid		✓	✓	✓	✓	✓
	R.A. Factor			✓	✓	✓	✓
<b>STD</b>	VDRL		✓	✓	✓	✓	✓
梅毒检验	TPHA if VDRL is +ve		✓	✓	✓	✓	✓
<b>Tumour Marker</b>	CEA			✓	✓	✓	✓
癌症检验	AFP			✓	✓	✓	✓
	CA 19.9						
	CA 125 for Female				✓ (F)		✓
	Helicobacter Pylori IgG Ab				✓	✓	✓
	Total PSA for Male				✓ (M)	✓	
<b>Thyroid</b>	Free T4			✓	✓	✓	✓
甲状腺功能检验	TSH				✓	✓	✓
<b>Haematology</b>	Full Blood Count		✓	✓	✓	✓	✓
血液检验	ESR		✓	✓	✓	✓	✓
	Blood Grouping (ABO & Rh)		✓	✓	✓	✓	✓
<b>Urinalysis 尿液检验</b>	Urine FEME		✓	✓	✓	✓	✓
<b>Pap Smear 子宫颈检验</b>							✓
<b>Stool Examination 粪便检验</b>	Stool OB Screening				✓	✓	✓
<b>Treadmill Stress Test 运动心电图</b>						✓	✓
<b>PRICES</b>		\$30	\$70	\$130	\$220	\$420	\$460
<b>ADD-ON TESTS</b>		<b>PRICES</b>	<b>ADD-ON TESTS</b>			<b>PRICES</b>	
Treadmill Stresstest 心脏平板运动试验		\$250	ECG 心电图				\$35
Ultrasound Breasts 乳腺超声		\$117	CA125				\$40
Ultrasound Pelvis 骨盆超声		\$130	Total PSA 前列腺特异性抗原				\$40
Mammogram 乳房 X 线摄影		\$120	HbA1c				\$25
Ultrasound Breasts + Mammogram		\$208	Vitamin D				\$120
Chest X-Ray 胸透X光		\$36	CA19-9				\$40
Bone Mineral Densitometry (BMD) 骨质密度测试		\$124	CA 15.3				\$40
Pap smear 子宫颈涂片检查		\$40	CPK-Total 肌酸激酶试验				\$12.50